



## **IRVING ISD POLICIES AND PROCEDURES FOR INJURIES/ILLNESSES OTHER THAN CONCUSSIONS**

### **Return to Play Criteria for Injuries and Illnesses Seen by a Physician or Advanced Practice Provider**

In the event of an injury, we encourage athletes to see the athletic trainers before going to a doctor. Our licensed athletic trainers work closely with orthopedics and sports medicine physicians who are trained in both pediatrics and sports medicine which uniquely qualifies them to provide care for our student athletes. In the event that a student or parent feels that an injury is serious in nature, immediate medical attention should be sought.

### **Athletes who seek medical attention from a healthcare provider outside of the Irving ISD athletic trainers cannot return to athletic participation without the following criteria:**

1. A signed/dated release from a medical physician on file with the IISD athletic trainers at the high school level or coach at the middle school level
2. released by the Irving ISD Licensed Athletic Trainers at the high school level

**\*Parental Authorization or Notification WILL NOT be accepted \***

If your child is participating in athletics on their respective campus, they must bring all medical documentation to the athletic trainers on staff at the high school level or their coach at the middle school level. This pertains to both in school and out of school injuries and illnesses that will affect their athletic participation. The doctor's notes need to contain the following information:

- 1) diagnosis
- 2) plan of action to treat
- 3) current restrictions
- 4) follow-up appointment date or return to sports participation date.